

Name: _____

Week of: _____

What to Practice:

What Practiced: Minutes:

Monday:	
Tuesday:	
Wednesday:	
Thursday:	
Friday:	
Saturday:	
Sunday:	

- 60 Minutes – A
- 45-59 Minutes – B
- 30-44 Minutes – C
- 0-29 Minutes – D

Every 10 minutes over 60 equals 5 bonus points

Parent Signature: _____